

The Book of Mormon

21 DAY CHALLENGE



QUESTIONS TO PONDER

How would you answer the daily question in your own words?

Record or share what came to your mind as you read the selected verses.

What will you do differently after reading the daily verses?

What changes have you noticed in your life because of applying these scriptures?

1

ALMA 22:1-26

Is there a God?

The most powerful Being in the universe is the Father of your spirit. He knows you. He loves you with a perfect love.

Dieter F. Uchtdorf - You Matter to Him, October 2011

2

MOSIAH 4:1-21

How can I find joy?

The joy we feel has little to do with the circumstances of our lives and everything to do with the focus of our lives.

Russell M. Nelson - Joy and Spiritual Survival, October 2016

3

ENOS 1:1-12

Does God answer prayers?

In my life I have learned that sometimes I do not receive an answer to a prayer because the Lord knows I am not ready. When He does answer, it is often "here a little and there a little" because that is all that I can bear or all I am willing to do.

Robert D. Hales - Waiting upon the Lord: Thy Will be Done, October 2011

4	<p>ALMA 36:1-24</p> <p>How can sins be forgiven?</p>	<p><i>The very beauty of the word repentance is the promise of escaping old problems and old habits and old sorrows and old sins. It is among the most hopeful and encouraging—and yes, most peaceful—words in the gospel vocabulary.</i></p> <p>Jeffrey R. Holland - The Peaceable Things of the Kingdom, October 1996</p>
5	<p>ALMA 41:1-15</p> <p>Why does doing good matter in this life and the next?</p>	<p><i>As we consider various choices, we should remember that it is not enough that something is good. Other choices are better, and still others are best.</i></p> <p>Dallin H. Oaks - Good, Better, Best, October 2007</p>
6	<p>MORONI 8:1-17</p> <p>Do infants need to be baptized?</p>	<p><i>Our first birth takes place when we are born into mortality. Our second birth begins when we are baptized by water by one holding the priesthood of God.</i></p> <p>James E. Faust - Born Again, April 2001</p>
7	<p>ALMA 34:8-41</p> <p>What is the atonement of Jesus Christ?</p>	<p><i>The Savior's Atonement lifts from us not only the burden of our sins but also the burden of our disappointments and sorrows, our heartaches and our despair.</i></p> <p>Jeffrey R. Holland - Broken Things to Mend, April 2006</p>
8	<p>3 NEPHI 11:1-17</p> <p>What happened after the resurrection of Jesus Christ?</p>	<p><i>As Christ lives today with a resurrected body, so shall we. It means that life is a probation, to be followed by death, resurrection, and judgment.</i></p> <p>Ezra Taft Benson - The Savior's Visit to America, April 1987</p>
9	<p>ALMA 40:4-14</p> <p>What do we know about life after death?</p>	<p><i>Mortality is but a stepping-stone to a more glorious existence in the future. The sorrow of death is softened with the promise of the Resurrection. There would be no Christmas if there were no Easter.</i></p> <p>Gordon B. Hinckley - The Things of Which I Know, April 2007</p>
10	<p>2 NEPHI 2:1-30</p> <p>Why does God allow evil and suffering to happen?</p>	<p><i>To be tested, we must have the agency to choose between alternatives. To provide alternatives on which to exercise our agency, we must have opposition.</i></p> <p>Dallin H. Oaks - Opposition in All Things, April 2016</p>

11	<p>ALMA 32:21-43</p> <p>How can our faith grow?</p>	<p><i>How we live our lives increases or diminishes our faith. Prayer, obedience, honesty, purity of thought and deed, and unselfishness increase faith.</i></p> <p>Neil L. Andersen - Faith is not by Chance but by Choice, October 2015</p>
12	<p>3 NEPHI 13:19-34</p> <p>How can I find balance in life?</p>	<p><i>God does not begin by asking us about our ability, but only about our availability, and if we then prove our dependability, he will increase our capability!</i></p> <p>Neal A. Maxwell - It's Service, Not Status that Counts, July 1975</p>
13	<p>3 NEPHI 14:1-27</p> <p>How can I strengthen my relationship with my loved ones?</p>	<p><i>[The] topic of judging others could actually be taught in a two-word sermon ... Stop it!</i></p> <p>Dieter F. Uchtdorf - The Merciful Obtain Mercy, April 2012</p>
14	<p>MORONI 6:1-9</p> <p>Why should I attend church?</p>	<p><i>The Church is not a place where perfect people gather to say perfect things, or have perfect thoughts, or have perfect feelings. The Church is a place where imperfect people gather to provide encouragement, support, and service to each other.</i></p> <p>Joseph B. Wirthlin - The Virtue of Kindness, April 2005</p>
15	<p>2 NEPHI 32:1-9</p> <p>How does God communicate with us today?</p>	<p><i>The Holy Ghost can do for us physically, spiritually, emotionally, mentally, and intellectually what no man-made remedy can begin to duplicate.</i></p> <p>Linda K. Burton - Tuning Our Hearts to the Voice of the Spirit, 2014</p>
16	<p>HELAMAN 5:6-12</p> <p>How can I stay on the good path?</p>	<p><i>Conversion is an enlarging, a deepening, and a broadening of the undergirding base of testimony. It is the result of revelation from God, accompanied by individual repentance, obedience, and diligence.</i></p> <p>David A. Bednar - Converted unto the Lord, October 2012</p>
17	<p>MORONI 7:1-48</p> <p>What does it mean to have charity?</p>	<p><i>Find someone who is having a hard time or is ill or lonely, and do something for him or her.</i></p> <p>Thomas S. Monson - What Have I Done for Someone Today?, October 2009</p>

18	<p>4 NEPHI 1:1-18</p> <p>What can the Gospel of Jesus Christ offer me?</p>	<p><i>The gospel teaches us all we need to know to return to live with our Father in Heaven.</i></p> <p>L. Tom Perry - The Gospel of Jesus Christ, April 2008</p>
19	<p>ETHER 12:1-28</p> <p>How can I be a better person?</p>	<p><i>The Lord works from the inside out. The world works from the outside in. The world would take people out of the slums. Christ takes the slums out of people, and then they take themselves out of the slums. The world would mold men by changing their environment. Christ changes men, who then change their environment. The world would shape human behavior, but Christ can change human nature.</i></p> <p>Ezra Taft Benson - Born of God, October 1985</p>
20	<p>1 NEPHI 17:1-15</p> <p>How does God direct our path?</p>	<p><i>There is no need for you or for me, in this enlightened age when the fulness of the gospel has been restored, to sail uncharted seas or to travel unmarked roads in search of truth. A loving Heavenly Father has plotted our course and provided an unfailing guide—even obedience.</i></p> <p>Thomas S. Monson - Obedience Brings Blessings, April 2013</p>
21	<p>MORONI 10</p> <p>How can we know what is true?</p>	<p><i>There is a power in the book which will begin to flow into your lives the moment you begin a serious study of the book. You will find greater power to resist temptation. You will find the power to avoid deception. You will find the power to stay on the strait and narrow path.</i></p> <p>Ezra Taft Benson - The Book of Mormon - Keystone of Our Religion, October 1986</p>

Futher details:

lds.org.uk/the-book-of-mormon

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